

THE ORIGINAL BHAKTI FEST

SEPTEMBER 27–29, 2024
IN JOSHUA TREE, CA

PROGRAM GUIDE



WELCOME

...with open hearts and open arms, to Bhakti Fest! We want to take a moment to recognize the incredible effort and dedication that has gone into crafting this space of love and healing. Our team has worked tirelessly to curate a diverse array of offerings, from transformative workshops to heart-opening ceremonies, ensuring that there's something for everyone to explore and enrich their souls.

As we gather, we encourage you to set an intention for your transformation. Whether seeking inner peace, self-love, or connection, let it guide you toward growth and fulfillment. Foster connections, spark insights, and manifest positive change. Keep your heart open to new encounters that align with your soul's purpose.

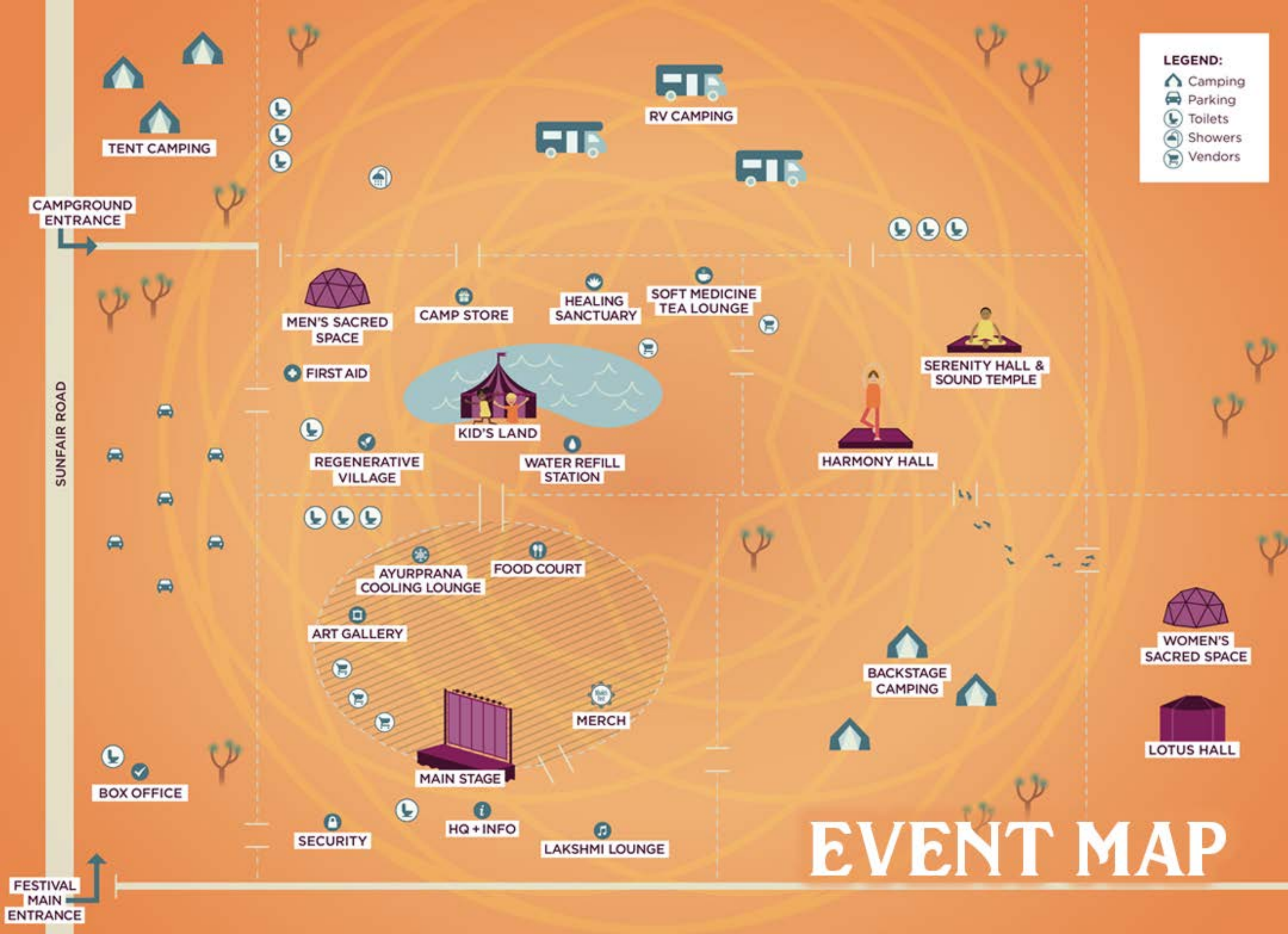
We are deeply grateful for your presence. Together, let's create a lasting space of love, healing, and unity.

With love,

THE
BHAKTI FEST™
GROUP

LEGEND:

-  Camping
-  Parking
-  Toilets
-  Showers
-  Vendors



EVENT MAP

BE IN THE BHAV

IMPORTANT INFORMATION Production headquarters hours: 9am to 10pm, Friday through Sunday. Will Call Hours: 7am to 11pm Thursday through Saturday; 7am to 6pm Sunday. *We are a substance free event. Please be mindful of this policy and refrain from any drug, alcohol, or tobacco usage on the property.*

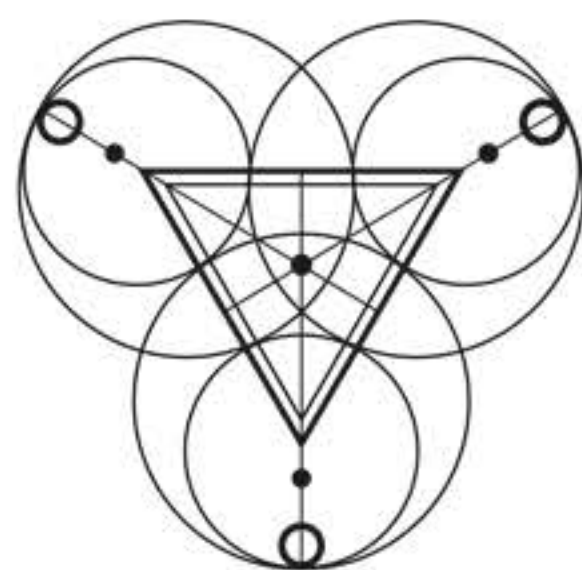
SECURITY Look for our security team roaming around in all black. They are here to support and keep everyone safe. See something, say something! We can all do our part to keep Bhakti Fest a safe space for everyone.

MEDICAL The 24/7 first aid booth is situated near the West side of the lake. If you witness a medical emergency, please alert first aid, security, or a Bhakti Fest staff member (we are wearing Bhakti Fest placards around our necks).

HEAT AWARENESS It is incredibly important to take care of yourself and those around you. While we're all here to dance, sing, play, and practice, it can be easy to forget the strain desert heat has on our bodies. Take time and take care of yourself by staying hydrated and staying wet! See the cool zones on our map indicating where misting stations and fans are located around the property. Carrying a wet bandana or scarf around your neck makes a huge difference, and make sure to reapply sunscreen and wear a hat!

CAMPGROUND KINDNESS If you are camping, please be mindful of the following rules: Quiet hours: 10 pm to 8 am. Whisper/quiet generators only 8 am to 10 pm. Wood fires allowed only in fire ring barrels. No open flames, fire toys, or charcoal grills allowed. Leave no trace, respect this fragile desert ecosystem! Shower trailer open 24/7.

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& Health**
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BHAKTI
FEST

Love

Bhakti Fest
Live in the Moment

BHAKTI
FEST

WISDOM

BHAKTI FEST

MAIN STAGE

FRIDAY, SEPTEMBER 27

**6:30-7 AM
AKHANDA MEDITATION W/ SHRIMAN**

**7-7:45 AM
FIRE CEREMONY W/ VISH CHATTERJI**
Agni Hotra - Traditional Yogic-Healing Fire Ceremony: Honoring the elements of fire, water, earth, air, and space, Vish will lead us through a soul-expansive fire ritual, chanting the 10,000+ year-old mantras of his ancestors, to cultivate powerful yogic energy for yourself and the festival site. He will also invoke the mantras dedicated to the 9 planets of Vedic Astrology, while we all make offerings to the sacred fire to receive healing and blessings from the cosmos.

**8-9 AM
HANUMAN CHALISA W/ RADHIKA DAS**

**9-9:15 AM
AARTI ALTER W/ VISH CHATTERJI**

**9:15-10:15 AM
SHARANAM**

**10:15-11 AM
WILL MARSH**

**11:30 AM-12:15 PM
JACQUELINE MICHELLE**

**12:45-1:45 PM
KAVITA KAT MACMILLAN**

**2:15-3:15 PM
VAIDEHI AMAIR**

**3:45-4:45 PM
RADHIKA VEKARIA**

**5:30-7 PM
RADHIKA DAS**

**8-9:45 PM
DEYA DOVA**

**10:15-11:45 PM
MC YOGI W/ DJ DREZ**



BHAKTI FEST

MAIN STAGE

SATURDAY, SEPTEMBER 28

**SHIVA REA
JAPA MEDITATION
6:30-7AM**

Japa meditation with Shiva: Sunrise mantra, movement meditation, and mudra.

**FIRE CEREMONY W/ VISH CHATTERJI
7-7:45AM**

Agni Hotra - Traditional Yogic-Healing Fire Ceremony: Honoring the elements of fire, water, earth, air and space, Vish will lead us through a soul-expansive fire ritual, chanting the 10,000+ year-old mantras of his ancestors, to cultivate powerful yogic energy for yourself and for the festival site. He will also invoke the mantras dedicated to the 9 planets of Vedic Astrology, while we all make offerings to the sacred fire to receive healing and blessings from the cosmos.

**HANUMAN CHALISA - GOVIND DAS
8-9AM**

**AARTI ALTER W/ VISH CHATTERJI
9-9:15AM**

**SHARANAM
9:15-10:15AM**

**ALLISON EATON
10:15-11AM**

**KAMINI NATARAJAN
11:15AM-12:15PM**

**NIKUNJA
12:45-1:45PM**

**HEATHER CHRISTIE & VIR MCCOY
2:15-3:15PM**

**NINA RAO
3:45-5PM**

**VIJAY KRSNA
5:30-6:45PM**

**KRISHNA DAS
7:45-9:45PM**

**MARIEME
10:15-11:45PM**

LOVE EVERYBODY



BHAKTI FEST

MAIN STAGE

SUNDAY, SEPTEMBER 29

6:30-7 AM

AKHANDA MEDITATION W/ SHRIMAN

7-7:45 AM

FIRE CEREMONY W/ VISH CHATTERJI

Agni Hotra - Traditional Yogic-Healing Fire Ceremony: Honoring the elements of fire, water, earth, air, and space, Vish will lead us through a soul-expansive fire ritual, chanting the 10,000+ year-old mantras of his ancestors, to cultivate powerful yogic energy for yourself and the festival site. He will also invoke the mantras dedicated to the 9 planets of Vedic Astrology, while we all make offerings to the sacred fire to receive healing and blessings from the cosmos.

8-9 AM

HANUMAN CHALISA W/ NINA RAO

9-9:15 AM

AARTI ALTER W/ VISH CHATTERJI

9:30-10:15 AM

ARJUN BRUGGEMAN

11AM-1 PM

KRISHNA DAS

Heart of Devotion Workshop

Krishna Das workshops are intimate forums providing the opportunity to dive deeper into the path through Satsang (spiritual association.) KD's workshop will last 2 hours and include a relatively less chanting compared to the Saturday night kirtan. KD often uses these forums to discuss the practice of kirtan, to share stories of Maharajji, to share life lessons, and to discuss the importance of integrating spiritual practices into our daily lives. There is also a chance for Q&A with the participants.

1:30-2:30 PM

JAYADEVA DASA

3-4:30 PM

**GOVIND DAS &
JACQUELINE MICHELLE**

5:15-6:45 PM

**THE PSYCHEDELIC HOEDOWN
W/ DAVID SATORI, MORILLO & FRIENDS**

8-9:30 PM

AJEET

10-11:30 PM

CLOSING CEREMONY



#6

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Vish Chatterji, MBA

Foreword by Sheila Patel, MD
Chief Medical Officer for Chopra Global



Vish Chatterji

Author, Bhakti Fest

Presenter

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lakshmi lounge

BHAKTI FEST

LAKSHMI LOUNGE

THURSDAY, SEPTEMBER 26

SPECIAL BHAKTI EVENING

SWAN KIRTAN
1:45-2:15PM

CHRISTOPHER
LIONHEART
3:15-3:45PM

MISSY GALORE
& FRIENDS
4:45-5:15PM

AMRITAKRIPA
7-8PM

VAIDEHI AMAIR
9:45-10:15PM

LAKSHMI LOUNGE

FRIDAY

AWAKENED
HEART
MUSIC
1:45-2:15PM

MADHURAI
SUMHARA
3:15-3:45PM

MICHAEL
HATHAWAY
4:45-5:15PM

JAMEESHKA
7-8PM

MYSTO
THE MAGICIAN
9:45-10:15PM

SHAMIRAN
11:45PM-1AM

SATURDAY

GAIL SILVERMAN
12:15-12:45PM

ANVITA SHARMA
1:45-2:15PM

HARMON CLARKE
3:15-3:45PM

VIP
ONLY

SHAKTI LOTUS
PEOPLE
5-5:30PM

MISSY GALORE
6:45-7:45PM

INDIGENOUS
9:45-10:15PM

KR3TURE
11:45-1AM

SILENT DISCO
1-2AM

SUNDAY

SHARANAM
10:15-11AM

THE BUTTER THIEVES
1-1:30PM

DAVE NORWOODS
2:30-3PM

VIP
ONLY

COSMIC YUM
CACAO CEREMONY
4:30-5:15PM

GALACTIVATORS
7-8PM

SAEED YOUNAN
11:30PM-1AM



BHAKTI FEST

LOTUS HALL

FRIDAY

RADHIKA VEKARIA
THE POWER AND PLAY
OF SOUND
WORKSHOP
9-10:30AM

ZOE KORS
SPIRITUALITY AND
SEXUALITY
11AM-12:30PM

DIANA CANTU-REYNA
RECLAIMING THE
HEALER WITHIN
1-2:30PM

JAI DEV
KUNDALINI & YOGIC
ASTROLOGY
3-4:30PM

MITESH RAICHADA
W/ AYURPRANA
ACHIEVING HUMAN
OPTIMIZATION
THROUGH AYURVEDA
5-6:30PM

SATURDAY

**SCOTT BLOSSOM &
NINA RAO**
SITARAM NAMASKAR
HONORING THE LAND
AND SUNRISE
7-8:30AM

SUSANNA BARKATAKI
AHIMSA YOGA AS
SELF CARE
9-10:30AM

INDY RISHI SINGH
NEUROPLASTICITY
PLAYSHOP
11AM-12:30PM

RADHIKA DAS
THE POWER OF CHANT
1-2:30PM

INANNA HEALING
HARNESSING THE
FREQUENCIES OF
NATURE
3-4:30PM

SUBHADRA GRIFFITHS
WHINE TO UNWIND
5-6:30PM

SUNDAY

TOMMY ROSEN
THE DISCOVERY OF
THE SUTRAS
7-8:30AM

ALLISON EATON
REIKI HEALING &
THE CHAKRAS
9-10:30AM

JANET STONE
INTEGRATION |
SAMANVAYA
11AM-12:30PM

DHARMA SHAKTI
THE
TRANSFORMATIONAL
POWER OF YOGA
1-2:30PM

INDY RISHI SINGH
KUNDALINI CHAKRA
DANCING
3-4:30PM

**AMBER DEYLON
& JENN PARMA**
GRIEVE AND BREATHE
5-6:30PM

SEPTEMBER 27-29, 2024
IN JOSHUA TREE, CA

LOTUS HALL

FRIDAY

RADHIKA VEKARIA
The Power And Play Of Sound Workshop
9-10:30AM

Unlock the enchanting realm of sonic exploration in this workshop, "The Power and Play of Sound." Immerse yourself in a captivating journey that reveals the transformative potential of sound. You'll discover how the intentional use of sound can evoke emotions, stimulate creativity, and even promote well-being. This hands-on experience will guide you through crafting meaningful sounds, exploring their impact on your emotions, and embracing the playful side of sonic expression. This is where the power of sound meets the joy of play, creating a harmonious symphony of self-discovery.

ZOE KORS
Spirituality And Sexuality
11AM-12:30PM

Navigating our own humanity on the spiritual path is universally confusing. Exponentially so when it comes to intimacy and deep connection with each other. This gentle and loving workshop is half experiential, half open discussion with Intimacy Expert, Zoë Kors. Bring your questions, concerns, and big, gorgeous heart to this safe and sacred space.

DIANA CANTU-REYNA
Reclaiming The Healer Within
1-2:30PM

Reclaiming the Healer Within: A Playshop to Unearth the Healer Within & Reimagine Our Well-being. This dynamic playshop delves into ancestral medicine and ancient healing practices, sparking a conversation about the paradigm shift happening in healthcare today. We'll explore self-care, community health, and rediscovering the healer within you. Through guided discussions, learn about medicinal herbs, acupressure, and collective care practices to nurture your well-being and build a healthier community. Join us as we explore how these ancient traditions can inform healthcare systems change and empower a new approach to healing.

JAI DEV
Kundalini & Yogic Astrology
3-4:30PM

A Kundalini Yoga Experience where the wisdom and mythology of the planets come alive in your own life. Experience the Planets as your own chakras, through exquisite kundalini yoga exercises and meditations.

MITESH RAICHADA WITH AYURPRANA
Achieving Human Optimization Through Ayurveda - Our Journey Back to Source
5-6:30PM

This workshop gives a background on how we got here, and what our unique opportunities are for our spiritual evolution determined by our unique constitutions. It will detail how an Ayurvedic lens on our self and cycles of the day can catapult our vibration.

LOTUS HALL

SATURDAY

SCOTT BLOSSOM & NINA RAO
SitaRam Namaskar Honoring The Land And Sunrise
7-8:30AM

How The Ramayana Tells The Story Of Our Lives- Join Nina Rao and Scott Blossom for chanting and discussion about the Ramayana. By referring to certain verses or chapters, they will explore how the relationship between Sita, Rama, and Hanuman represent universal dynamics of love, sacrifice and interdependence that express in each of our bodies, minds, spirits and relationships. Bring a journal for personal reflections. You do not need to have read the Ramayana to attend the workshop. We will sing and chant and include a japa (recitation) of the Bhū Gāyatrī Mantra invoking Mother Earth, who is also Sita or Janaki as she is known in the Ramayana.

SUSANNA BARKATAKI
Ahimsa Yoga As Self Care
9-10:30AM

Learn all about how you can take your yoga off your mat and into your daily life! We will talk all about Yoga as self care, and how to deepen your practice. You'll also learn all about what it takes to make yoga a part of a regular lifestyle. In a blend of practice, meditation, reflection, this class will share authentic, embodied, powerful and inspirational tools for the heart of yoga's roots. Known for her warmth, powerful storytelling, breadth of yoga cultural knowledge, and empowering teaching methodologies rich with ritual and poetry, Susanna will guide you through an inspiring practice and learning experience.

INDY RISHI SINGH
Neuroplasticity Playshop
11AM-12:30PM

Expect to laugh and understand the science of laughter. Expect a guided meditation and mini-sound bath at the end of the playshop session. Side effects may include resilient joyfulness, deeper and more restful sleep, uncontrollable laughter, better digestion, happier and healthier relationships and stronger immune systems. There may also be unexpected and increased love and compassion for others.

RADHIKA DAS
The Power Of Chant
1-2:30PM

Dive into an intimate and transformative afternoon of devotional experiences with chants. Radhika Das will share a mixture of story telling, reflections, chanting and bhakti wisdom, creating a powerful space for your spiritual growth and rejuvenation. We welcome you to an inclusive atmosphere with a vibrant group sharing, uplifting collective singing, and peaceful reflection. Let your soul sing! Emerge refreshed and inspired!

INANNA HEALING
Harnessing The Frequencies Of Nature
3-4:30PM

Harnessing the Frequencies of Nature: Practical Radionics for Positive Change. This workshop explores the integration of design, technology, and intention to harness natural frequencies for holistic healing and positive change. Led by Inanna Healing.

SUBHADRA GRIFFITHS
Whine To Unwind
5-6:30PM

Unwind your Kundalini energy and clear your chakras while enjoying the cultural vibes of Jamaican music! Your hips, back, and heart will open, allowing your electrical energy to flow!

LOTUS HALL

SUNDAY

TOMMY ROSEN

The Discovery Sutras: How To Move Beyond Patterns Of Belief And Behavior That No Longer Serve You. (Lecture and Meditation)

7-8:30AM

In this lecture workshop, Tommy Rosen will share his hard-earned insights about how the path of recovery from negative belief and behavior patterns is actually a yogic path of discovery and EVERYONE is on this path. Funny, moving and so hopeful, this is a talk that will change the way you see yourself in the world and redefine what success is and how to attain it. There will be some meditation in this class as well as breathwork.

ALLISON EATON

Reiki Healing And The Chakras

9-10:30AM

Reiki means "universally guided life force energy." Reiki energy reduces stress and promotes healing of body, mind + spirit. Learn easy and fun energy healing techniques, including Reiki Light Meditation, chakra balancing and aura cleansing. Leave feeling energized, refreshed and renewed!

JANET STONE

INTEGRATION | Samanvaya

11AM-12:30PM

Waking into the light of a new day, let's harness the power of the sun to awaken our spirit and energize our body. Through 108 sun salutations, energizing breath practice and meditation, we will connect with the life-giving force of Surya (sun), symbolizing new beginnings and endless possibilities. This practice invites us to embrace each new day with vitality and purpose. We'll step into our day feeling refreshed, empowered, and ready to shine your light into the world.

DHARMA SHAKTI

The Transformational Power Of Yoga

1-2:30PM

Dharma will discuss the main goal of yoga and how the philosophy truly is a roadmap for the transformation we seek and desire in our lives. This workshop is about taking the yoga practice off the mat and in to your every day life using yogic philosophy to guide your transformation.

INDY RISHI SINGH

Kundalini Chakra Dancing

3-4:30PM

Practice the art of Bhangra as a form of kundalini martial arts. Learn about how folk dancing like Bhangra celebrate farming, food, and community. Bridge the connection between Bhangra and Bollywood, while learning some cool moves too! Practice the science of synchronization and how it affects the nervous system. Celebrate cultural resistance through joyful dancing.

AMBER DEYLON & JENN PARMA

Grieve And Breathe

5-6:30PM

Grieve + Breathe invites you to embark on a profound odyssey of grief exploration. Our intention is to normalize grief, recognizing that grief is an expression of love. The container is held for the full spectrum of grief. Whether you've experienced loss through death, end of relationships, or carrying grief for the Earth and humanity, this healing circle is for you. Be held by the community in a shared container of grief. Release stuck emotions, traumas, and pave the way to reclaiming a state of love and forgiveness, both for yourself and for others. We will sit in Council, compassionately listening and speaking from the depths of our hearts. By engaging in the transformative practice of Breathwork, you have the opportunity to unlock the emotions and traumas stored within your body. Experience the transcendent power of sound healing guiding your journey back to your true home, a sacred space where peace resides at the very core of your being. Held by Amber Deylon- Death Midwife, Grief Guide, Love & Loss Podcast Host and Jenn Parma- Breathwork Facilitator, Psycho Spiritual Integration Coach + Emotional Release Specialist



BHAKTI FEST

HARMONY HALL

FRIDAY

KRISTIN OLSON
GENTLE YOGA
ALL LEVELS
9-10AM

**NEWTON
CAMPBELL**
MINDFUL
YOGA FLOW
10:30AM-12PM

**GOVIND DAS &
JACQUELINE
MICHELLE**
BHAKTI VINYASA
FLOW
1-3PM

SHIVA REA
RHYTHM & PRANA
FLOW YOGA, W/DJ
ROBIN PARRISH &
VIJAY KRSNA
4-5:30PM

SATURDAY

KIA MILLER
SOUL ELEVATION
7:30-9AM

SHIVA REA
RHYTHMIC PRANA
VINYASA FOR ALL,
MUSIC BY
VIJAY KRSNA
10-11:30AM

DIANNE BONDY
JOYFUL MINDFUL
MOVEMENT
2-3:15PM

JAI DEV
KUNDALINI
& TANTRA
3:30-5:30PM

SUNDAY

KIA MILLER
JUPITER KRIYA FOR
GETTING UNSTUCK &
MOVING FORWARD
7:30-9AM

**SUSANNA
BARKATAKI**
DEEPENING OUR
EXPERIENCE
OF "AUM"
9:30-11AM

JAI DEV
TOTAL SYSTEM
RECHARGE
1:30-3:30PM

**TOBI GUILLIAN &
SABRINA BENNET**
VINYASA FLOW &
SOUNDBATH
4-5:30PM

SEPTEMBER 27-29, 2024
IN JOSHUA TREE, CA

HARMONY HALL

FRIDAY

KRISTIN OLSON
Gentle Yoga - All Levels
9-10AM

NEWTON CAMPBELL
Mindful Yoga Flow
10:30AM-12PM

GOVIND DAS & JACQUELINE MICHELLE
Bhakti Vinyasa Flow
1-3PM

Join us as we open our hearts and move our bodies in the spirit of community. Govind Das will be leading the vinyasa flow portion of class while Jacqueline leads kirtan, weaving the two together for a magical experience.

SHIVA REA
Rhythm & Prana Flow Yoga
4-5:30PM
With DJ Robin Parrish & Vijay Krsna.

HARMONY HALL

SATURDAY

KIA MILLER
Soul Elevation
7:30-9AM

Something special happens when we come together with the intention to heal and be healed. Couple this with ancient yogic kriyas designed to unlock your inner energy and focus your mind. Now you have a perfect recipe for a full cellular and spiritual upgrade. Class consists of short lecture to set up the experience, movement, and healing breathwork. Come give and receive the frequency of love.

SHIVA REA
Rhythmic Prana Vinyasa For All
10-11:30AM
Music by Vijay Krsna.

DIANNE BONDY
Joyful Mindful Movement
2-3:15PM

Join Dianne for a transformative workshop on The Power of Yoga: Movement, and Intentional Well-being as a path to liberation. We will explore Yoga philosophy, Vinyasa flow practice in conjunction with core connection/Pilates to connect with our bodies and enrich our minds. These practices teach us patience, perspective, and power, allowing you to navigate life with greater ease and clarity. We will also explore the importance of restful practices into our daily lives, we can boost creativity, reduce stress, and improve our relationships. This workshop is suitable for all levels, whether you are a seasoned yogi or new to the practice. Come and join us in this workshop designed to empower and liberate you through the power of intentional movement and rest.

JAI DEV
Kundalini & Tantra
3:30-5:30PM

Tantra is a mysterious phenomenon. So many are magnetically drawn to it, even before knowing exactly what it is. Tantra can't be defined by a single statement or idea. Tantra is a way of life, a mystic path that brings about a tremendous strength built on inner experience. Kundalini Yoga and Tantra is the art and science which encourages this inner experience to blossom. Join us for this transporting journey! You will move your body, breathe, and meditate deeply with the transporting practices of Kundalini Yoga.

HARMONY HALL

SUNDAY

KIA MILLER

**Jupiter Kriya For Getting Unstuck And Moving Forward
7:30-9AM**

Join Kia for a powerful class with practices to clear out the subconscious mind and make space for upgraded physical, mental, and emotional energy. Jupiter is the planet of wisdom and knowledge; this practice is designed to tap into the source of all knowing intelligence within. When we are feeling stuck on any level, this is a great practice to initiate a new wave of enthusiasm and presence.

SUSANNA BARKATAKI

**Deepening Our Experience Of "AUM"
9:30-11AM**

Join us for a blend of asana, meditation, pranayama, and reflection to explore the heart of yoga's roots- the unity of AUM. Susanna's warmth and powerful storytelling, combined with her deep knowledge of yoga culture, will guide you through an inspiring, authentic practice. This class begins with yoga philosophy, offers a slow, grounding flow that builds to a more vigorous practice, followed by cool down and integration. Begin with chanting AUM, connect breath and body, and end with silent meditation and rest. Expect to leave feeling peaceful, empowered, and inspired.

JAI DEV

**Total System Recharge
1:30-3:30PM**

If you imagine the body and mind as an instrument, Kundalini Yoga is an exquisite tuning technique! After one good session the body is feeling both light and grounded, the mind clear and calm, and a sense of self-confidence easily emerges. We lighten that which has become too heavy, calm that which has been so frantic and tap into our life's inspiration. We will move our bodies, breathe, meditate, and feel amazing!

TOBI GUILLIAN & SABRINA BENNET
**Vinyasa Flow And Soundbath
4-5:30PM**

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BHAKTI FEST

SERENITY HALL

FRIDAY

**HARIDASS KAUR
KHALSA W/ LIVE
MUSIC**
THE MIND & HEART
CONNECTION
9:30-10:30AM

TOMMY ROSEN
THE KUNDALINI
EXPRESS
11AM-12:30PM

ANDREW SEALY
HEART OPENED
WARRIOR FLOW
1-2:30PM

JANET STONE
WELCOME HOME
3-4:30PM

SASHA & JESSIE
SOUL RESET
BREATHWORK,
ENERGY HEALING, &
SOUND BATH
5-6:15PM

SATURDAY

JANET STONE
SURYA | RADIANT
ENERGY
9-10:30AM

**MC YOGI & AMANDA
GIACOMINI**
W/ DJ DREZ
ONLY LOVE IS REAL
11AM-12:30PM

**GOVIND DAS &
JACQUELINE
MICHELLE**
BHAKTI VINYASA FLOW
1-2:30PM

NATALIE VALLE
RESTORATIVE YIN
FLOW WITH
SOUND BATH
SAVASANA
3-4:30PM

KINJAL SHAH
REGENERATE
THROUGH BREATH
5-6PM

SUNDAY

**HARPINDER
KAUR MANN**
LIBERATING YOGA
PRACTICE &
MUSIC BY
DRIPPNGOLD
9-10:30AM

SEANE CORN
MYSTICS ON THE MAT
11AM-1PM

DIANNE BONDY
SWEET TO SURRENDER
1-2:30PM

ANDREW SEALY
HANDSTAND LIKE
HANUMAN
3-4:30PM

SHRIMAN
RECHARGE YOUR
PRANIC BODY
5-6PM

SEPTEMBER 27-29, 2024
IN JOSHUA TREE, CA

SERENITY HALL

FRIDAY

HARIDASS KAUR KHALSA w/ LIVE MUSIC
The Mind & Heart Connection
9:30-10:30AM

Open yourself to the divine elixirs of self-consciousness, self-experience, and self-love. Learn to harness the power of your radiant body to your advantage. Tap into your executive mind qualities, transcending fear, resonating with courage, and embracing heart-centered leadership. Learn how to move through time and space with Grace. Dr. Haridass makes you laugh at challenges and sparks your inner fire and grit, Enjoy movements with meditation and chanting.

TOMMY ROSEN
The Kundalini Express
11AM-12:30PM

Kundalini Yoga is known as the Yoga of Awareness. To practice it, brings about a rapid and profound transformation of consciousness. This class is a very physical experience that results in a blissful and transcendent state. All aboard the Kundalini Express. All levels.

ANDREW SEALY
Heart Opened Warrior Flow
1-2:30PM

JANET STONE
Welcome Home
3-4:30PM

It's that feeling when you walk in the front door after a long journey... We will welcome ourselves home, into our own authentic being. We will reclaim our body and voice. Through yoga, breathwork, and mantra we'll shed layers of conditioning that have distanced us from our true expression. This session offers a space to explore the healing power of movement and sound, empowering you to embrace yourself wholeheartedly. DJ Molly Barber.

SASHA & JESSIE
Soul Reset Breathwork, Energy Healing, And Sound Bath
5-6:15PM

Big shifts can happen in moments. Jessie & Sasha offer a powerful, activating breathwork ceremony to release stuck energy and persistent physical, energetic and mental patterns that no longer serve. Attune and align your system with your highest frequency, for your greatest good and for the good of all. Drop into a transformative state and experience your limitless self-manifest. No prior breathwork experience is necessary. Hands-on & energetic healing are offered during breathwork.

SERENITY HALL

SATURDAY

JANET STONE
SURYA | Radiant Energy
9-10:30AM

Waking into the light of a new day, let's harness the power of the sun to awaken our spirit and energize our body. Through 108 sun salutations, energizing breath practice and meditation, we will connect with the life-giving force of Surya (sun), symbolizing new beginnings and endless possibilities. This practice invites us to embrace each new day with vitality and purpose. We'll step into our day feeling refreshed, empowered, and ready to shine your light into the world.

MC YOGI & AMANDA GIACOMINI
Only Love Is Real
11AM-12:30PM

Reconnect to joy in this fun and upbeat yoga class filled with great music, inspiring poetry, philosophy, that often turns into a celebratory dance party! You will be encouraged to move mindfully, in a way that brings a feeling of ease, grace, connection and concentration. The class will culminate with a seated meditation followed by a deeply restful guided relaxation. All levels.

GOVIND DAS & JACQUELINE MICHELLE
Bhakti Vinyasa Flow
1-2:30PM

Join us as we open our hearts and move our bodies in the spirit of community. Govind Das will be leading the vinyasa flow portion of class while Jacqueline leads kirtan, weaving the two together for a magical experience.

NATALIE VALLE
Restorative Yin Flow With Sound Bath Savasana
3-4:30PM

Nurture your body and mind with a gentle restorative Yoga practice followed by a deeply relaxing sound bath during Savasana. This slow-paced session releases tension, promotes flexibility, and ends with a soothing sound immersion to support healing and relaxation.

KINJAL SHAH
Regenerate Through Breath: A Pranayama Workshop
5-6PM

Through this immersive pranayama/breathwork workshop, discover the transformative power of your breath. Learn ancient breathing techniques to reduce stress, improve focus, and enhance overall well-being. You will be guided through a variety of pranayama practices. Experience the profound benefits of deep, conscious breathing and cultivate a sense of inner peace and balance.

SERENITY HALL

SUNDAY

HARPINDER KAUR MANN

Liberating Yoga Practice

9-10:30AM

Music by Drippngold. In this class, we will embody liberation and freedom for ourselves in our bodies and minds to connect to our divine Self. Every moment is an opportunity to awaken, mentally and spiritually, to being fully alive and present to be in service to ourselves, each other, and the world. This starts with true self-compassion. This is a grounded and slow vinyasa/Hatha practice coupled with breathwork, meditation, and yogic philosophy. This class will leave you feeling empowered and at peace. May we all know real peace and be truly liberated!

SEANE CORN

Mystics on the Mat: The Path to Liberation
Through Magick, Alchemy, and Ritual.

11AM-1PM

Magick, often described as the art of directing energy with intention, finds its true expression when we merge movement, breath, and prayer within the sacred space of yoga. In this transformative journey, where movement intertwines with breath and conscious intent, our daily practice becomes an alchemical process. We transmute the limitations of body and mind, expanding into boundless possibilities. Through this process, we transcend our limiting beliefs and transform the weight of fear into the golden wisdom that dwells within us.

DIANNE BONDY

Sweet To Surrender

1-2:30PM

This Yin to Yin class is a blend dynamic asana that combines slow, prolonged, deep stretching of yin. Vinyasa allows the busyness of our brains to move through our bodies to find the sweet surrender and quiet practice of Yin. The vinyasa portion of the class will connect breath with movement as you find your flow. Together, we will build strength and flexibility while cultivating a sense of well-being. Whether you are a beginner or an experienced practitioner, this class will allow you to refine your practice, find balance, and develop a sense of well-being on and off the mat.

ANDREW SEALY

Handstand Like Hanuman

3-4:30PM

Handstands bring awareness to the power of our hands that are connected to the intention of our HEART! No matter how long you've practiced, the handstand is a benchmark of strength and steadiness that transcends physical disciplines. From yoga, to martial arts; a stable handstand is a key test of alignment, balance, and mental steadiness. The only thing you need to join this class is a love of handstands and Hanuman! Whether you are a total beginner or have a stable handstand, you will learn something NEW to build strength and alignment while balancing on your hands. Leave with a strength-building program that you can do every day to develop the physical and emotional strength to support your handstanding journey.

SHRIMAN

Recharge Your Pranic Body

5-6PM

Join us for a breathwork session designed to recharge your pranic body. Under the guidance of Shirman, we'll explore how to balance the five senses and connect with the five Vayus—energetic currents that govern the flow of prana (life force) within us. Through focused breath techniques, you'll awaken and harmonize your body's energetic pathways, promoting a deep sense of balance and vitality. Perfect for all levels, this class invites you to connect with your inner energy and experience a renewed sense of well-being.

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JANUARY 24-FEBRUARY 9, 2025

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ONCE IN A LIFE EXPERIENCE! THIS IS OUR FIRST TIME BACK TO KUMBH MELA SINCE 2019 AND WE ARE VERY EXCITED! THE KUMBH MELA FESTIVAL IS ONE OF THE LARGEST HINDU PILGRIMAGE AND FESTIVALS HELD AT FOUR LOCATIONS IN INDIA, ROTATING EVERY THREE YEARS. THE NEXT KUMBH MELA (MATHA) WILL BE 2025 HELD IN PRAYAG RAJ AS IT FOLLOWS A TWELVE-YEAR CYCLE. IT'S AN EXTRAORDINARY EVENT MARKED BY MILLIONS OF DEVOTEES GATHERING TO BATHE IN SACRED RIVERS, TO CLEANSE THEMSELVES OF SIN AND ATTAIN SPIRITUAL LIBERATION.



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**WOMEN'S
SACRED
SPACE**

Shakti Fest SEPTEMBER 6-10, 2018
WOMEN'S TEMPLE

FRIDAY	SATURDAY	SUNDAY
DHARMA DEVI DEEPENING SELF LOVE MOMENTUM MOVEMENT 9:30-10:30AM	KUMI YOGINI GOURMET AND BEAUTY PHYSICIAN 9:30-10:30AM	DHARMA DEVI AWAKENING THE HEART OF EVERY WOMAN 9:30-10:30AM
EM TANG WHO GETS YOUR TANG? 11AM-12:30PM	MAGGIE TAFFICK THE SHAKTI'S MEAT (RETT'S CALLED) 11AM-12:30PM	SWIVA DEE YOGA DANCE SACRED FIRE MOMENTUM MOVEMENT AND CRYSTAL BALL 11AM-12:30PM
SITA DEVI DASS HOLY MAMA IS THE ONLY WAY TO ATMAN SHAKTI 1:00PM	NIDHI PANDEY SING YOUR SHAKTI 1:00-1:30PM	JEQUELINE MICHÉ MOMENTUM MOVEMENT 1:00-1:30PM
REGALANNA A MEDITATION AND MOVEMENT EXPERIENCE TO LOVE, ACCEPT, AND EMBRACE YOURSELF 2:00-4PM	ZOE KORS SLOW VIBRATIONS SACREDNESS AND SISTERHOOD 3:30-4PM	KARNARITA D. SHAKTI DANCE TEMPLE OF DEVOTION 1:30-4PM
KUMI YOGINI LEARN TO CHANT SACRED VERSES WITH PROFESSOR PRANAV 4:15-5:45PM	DHARMA SHAKTI AWAKENING AUTHENTICITY 4:15-5:45PM	DHARMA DEVI SACREDNESS 5:00-6:00PM 6:00-6:30PM

BHAKTI FEST

WOMEN'S TEMPLE

FRIDAY

JOSIE KEYS
TANTRIC BELLY
DANCE WORKSHOP
9:30-10:45AM

DHARMA SHAKTI
AWAKENING
AUTHENTICITY
11AM-12:30PM

NINA RAO
PRAYERS TO THE
GODDESS
1-2:15PM

ALLISON EATON
REIKI HEALING + THE
CHAKRAS - AWAKEN
TO THE DIVINE LIGHT
WITHIN YOU
2:30-4:00PM

NIKUNJA
EMBODY THE
BHAGAVAD GITA
4:15-5:45PM

SATURDAY

JOSIE KEYS
TANTRIC BELLY
DANCE WORKSHOP
8-9AM

**AWAKENED
HEART MUSIC**
GODDESS MANTRA
ACTIVATION
9:15-10:45AM

**AMBER DEYLON
& JENN PARMA**
GRIEVE & BREATHE
11AM-12:30PM

ZOE KORS
I SEE YOU. I GOT YOU.
I LOVE YOU.
1-2:15PM

KUMI YOGINI
ANCIENT WISDOM
FOR MODERN TIMES
2:30-4PM

SHIVA REA
WAY OF THE STAFF
FOR WOMEN
4:15-5:45PM

SUNDAY

**KAVITA KAT
MACMILLAN**
SURRENDER TO THE
ARMS OF THE MOTHER
8-9:15AM

**JACQUELINE
MICHELLE**
HONORING THE
DIVINE FEMININE
9:30-10:45AM

KUMI YOGINI
LEARN TO CHANT
SANSKRIT VERSES
11AM-12:30PM

LOIS RAMONDETTA
WOMEN'S HEALTH
WORKSHOP
12:45-2:15PM

ZOE KORS
THE MUD. THE MESS.
THE MAGIC.
2:30-4PM

SITA DEVI DASI
CONNECTION TO
THE DIVINE
4:15-5:45PM

SEPTEMBER 27-29, 2024
IN JOSHUA TREE, CA

WOMEN'S TEMPLE

FRIDAY

JOSIE KEYS

Tantric Belly Dance Workshop

9:30-10:45AM

Learn the tantric art of belly dancing, music by Kavita Kat Macmillan.

DHARMA SHAKTI

Awakening Authenticity

11AM-12:30PM

We all desire to be our most authentic self, and for many of us that is a challenging, difficult and mysterious journey "How do I be authentic if I am still figuring out who I am" In this workshop, Dharma will define authenticity and also give you concepts and tools that help you discover your authentic self and help you create habits to step in to that authentic self.

NINA RAO

Prayers To The Goddess

1-2:15PM

In the Hindu and many Buddhist traditions of India, the divine feminine force takes the form of Devi or Tara. Considered the manifestation of the Absolute, Shakti or Great Mother takes the shape of a multitude of cosmic forces in form and name. We are a part of Her and she lives in each one of us, whatever our body. We call out to Her and She is ever-ready to help us. Join Nina Rao in this experiential workshop, sharing stories of Devi and Tara and chanting together to establish our connection with Shakti. This is an auspicious time to turn toward her in anticipation of Devi Navaratri (9 nights in praise of the Goddess) which begins on Oct 3. As always, Nina's practice honors her time spent with her guru Sri Siddhi Ma who she visited for 19 years in Neem Karoli Baba's ashram in the foothills of northern India. No experience is required, if you have your own copy of the Chandi Path / Durga Saptashati, please bring if you like.

ALLISON EATON

**Reiki Healing And The Chakras -
Awaken To The Divine Light Within You**

2:30-4PM

Reiki means "universally guided life force energy." Reiki energy reduces stress and promotes healing of body, mind + spirit. Learn easy and fun energy healing techniques, including Reiki Light Meditation, chakra balancing and aura cleansing. Leave feeling energized, refreshed and renewed!

NIKUNJA

Embody The Bhagavad Gita

4:15-5:45PM

Become a living, walking "Song of the Divine." In this women's circle, we will dive into the wisdom and Bhakti of the ancient scripture, *The Bhagavad Gita* (The Song of God). Through Nikunja's unique and feminine approach, you will be guided to experience these timeless teachings through Satsang (spiritual discourse), collective singing, and facilitated movement.

WOMEN'S TEMPLE

SATURDAY

JOSIE KEYS
Tantric Belly Dance Workshop
8-9am

Learn the tantric art of belly dancing, music by Kavita Kat Macmillan.

THE AWAKENED HEART
Goddess Mantra Activation
9:15-10:45AM

Empower yourself as a vessel for divine feminine energy through sacred sound and mantra! We'll activate our voices and open our hearts, releasing any blockages to our expression, reclaiming our power, and shifting our frequencies, coming into resonance with the energy of the goddess as it's expressed through each of our unique beings.

AMBER DEYLON & JENN PARMA
Grieve And Breathe Women's Circle
11AM-12:30PM

Grieve and Breathe is a brave container held for the full spectrum of grief. Together we will dive into love and loss held by the feminine. Whether you've experienced loss through death, end of relationships... if you're grieving for women's health and safety, child loss or carrying grief for the Earth and humanity, this healing circle is for you. Be held by the community, give voice to your feelings, release stuck emotions, and pave the way to reclaiming a state of love and forgiveness, both for yourself and for others. Held by Amber Deylon- Death Midwife, Grief Guide and Jenn Parma- Breathwork Facilitator, Psycho Spiritual Integration Coach

ZOE KORS
I See You. I Got You. I Love You.
1-2:15PM

There's nothing like the deep connection we find in sisterhood. Either by nature or nurture, women have the capacity to witness each other with the kind of safety, empathy, and presence that heals wounds and unleashes spirit. This is your chance to experience the radically intimate space that Zoë Kors cultivates.

KUMI YOGINI
Ancient Wisdom For Modern Times
2:30-4PM

Join us for a captivating journey into the ancient wisdom of Vedic philosophy, a profound system that underpins the practice of yoga. We will delve into the fundamental principles and concepts that shape this timeless philosophy.

SHIVA REA
WITH SEWA VALENCIA & JACQUELINE MICHELLE
Way Of The Staff For Women
4:15-5:45PM

Join us for a session for women in rhythm as we explore the power of Prana Danda yoga or staff practice for women. Explore the practice with a five foot Prana Danda staff with invocation and music by Sewa and Jacqueline Michelle.

WOMEN'S TEMPLE

SUNDAY

KAVITA KAT MACMILLAN
Surrender To The Arms Of The Mother,
Grounding The Feminine Voice
8-9:15am

Led by devotional musician and transformational guide Kavita Kat Macmillan. In this workshop, we will invoke the Divine Mother in the form of Saraswati Ma, Goddess of Art, Learning, and Music. Through mantra, long tones, and Naad (Sound) Yoga, we'll explore the feminine home pitch, thereby grounding, expanding, and releasing self-limiting beliefs while building confidence to sing freely from our centers. No experience is necessary, we all start where we are and lovingly hold space for the shared unfolding. This special session for those who identify as Women creates a brave container to empower your seat of self-expression, the Vishuddha (throat) chakra. Come surrender into the embrace of the Mother and sing out with your authentic voice!

JACQUELINE MICHELLE
Honoring The Divine Feminine
9:30-10:45AM

Join Jacqueline Michelle at Bhakti Fest for a powerful opportunity to gather as women in a sacred circle honoring the divine feminine. Together we will sing, dance, share, and celebrate. Jai Ma!

KUMI YOGINI
Learn to Chant Sanskrit Verses With Proper Pronunciation
11AM-12:30PM

In this class, we will delve into the sacred language of Sanskrit and focus specifically on the pronunciation of Chapter 6 of the Bhagavad Gita, which explores the concepts of yoga and meditation. Sanskrit, often referred to as the language of the gods, is the ancient language in which many of the sacred texts of Hinduism, including the Bhagavad Gita, were written. Books will be given.

LOIS RAMONDETTA
Women's Health Workshop
12:45-2:15PM

Learn how to obtain a Blue Zone at home- Loving your temple: Body, Mind and Soul, maintaining health and preventing illness kosha by kosha... In this workshop, you travel through the Koshas (sheaths of the body) in parallel with the 8 limbs of yoga outlined by Patanjali. Come away with a new way of looking at your mind, body and spirit.

ZOE KORS
The Mud. The Mess. The Magic.
2:30-4PM

Let's be honest. The Goddess path is not a sparkly cake walk. Along with the bliss comes deep, gooey, grief, anger, shame, and fear. In this collaborative space, Intimacy Expert and Activist Zoë Kors and Womb Healer Tammy Ruggiero will lovingly guide an exploration of surrender and acceptance in the solace of sisterhood. All of you is welcome.

SITA DEVI DASI
Bhakti Science Of The Connection To The Divine
4:15-5:45PM

Come discover the essence of the bhakti principles of life which will transform your life and fill it with divine connection and love.



BHAKTI FEST

MEN'S TEMPLE

FRIDAY

VISH CHATTERJI
CRAFTING THE
PERFECT MORNING
ROUTINE
10-11:30AM

TROY CASEY
SIMPLE CHIGONG AND
SEXUAL KUNG FU
BASICS
12-1:30PM

SCOTT BLOSSOM
MEN'S HEALTH-
BALANCING YOUR
MICRO & MYCOBIOME
2-3:30PM

RAMANA
AN INTRODUCTION
TO RADICAL
AWAKENING
4-5:30PM

SATURDAY

TROY CASEY
SIMPLE CHIGONG AND
SEXUAL KUNG FU
BASICS
10-11AM

RAMANA
RADICAL AWAKENING
WOKRSHOP: PART 1
11:15AM-12:45PM

RONALD ALEXANDER
MINDFULNESS AND
SOMATIC TRAUMA
INFORMED MIND
BODY HEALING
1-2PM

FANTUZZI
RHYTHM AND
MOVEMENT
2:15-3:45PM

**SRIDHAR, GOVIND
DAS & DEMETRI**
HOW TO LIVE IN THE
WORLD WITH
GRACE, LOVING
AWARENESS, AND
UNCONDITIONAL
LOVE
4-5:15PM

SUNDAY

GOVIND DAS
MEN'S SACRED SPACE
10-11:30AM

VISH CHATTERJI
HONORING THE
DIVINE FEMININE
11:45AM-12:45PM

RAMANA
THE 7 STEPS TO YOUR
RADICAL AWAKENING
WOKRSHOP: PART 2
1-2:30PM

ASHOKA
MEDITATIONS TO FIND
INNER PEACE AND
CONTENTMENT
2:45-3:45PM

DAVID NICHTERN
MINDFULNESS &
EVERYDAY LIFE
4-5:15PM

SEPTEMBER 27-29, 2024
IN JOSHUA TREE, CA

MEN'S TEMPLE

FRIDAY

VISH CHATTERJI

Crafting The Perfect Morning Routine

10-11:30AM

In this interactive workshop, participants will discuss what they think is important for their well-being and then facilitate everyone to develop something that works for each of them.

TROY CASEY

Simple ChiGong And Sexual Kung Fu Basics

12-1:30PM

For men only. In this workshop, Troy explains the difference between "working in" and working out... lowering stress levels and harmonizing the biological systems for vitality and longevity.

SCOTT BLOSSOM

Men's Health- Balancing Your Micro & Mycobiome

2-3:30PM

Join Scott as he discusses how your gut health is tied into the top 5 men's health challenges- heart disease, diabetes, cancer, alcohol-related diseases, and lung health.

RAMANA

An Introduction To Radical Awakening

4-5:30PM

Have you ever had the experience of having full self-awareness and then lost it? In this Radical Awakening workshop, we will open you to a timeless, boundless space that is always present (but somehow cannot always be accessed). Accessing the True Self at any moment is not something you can do, but it arises naturally from such a powerful realization of who you are, it is never forgotten. In this workshop, you will receive such a powerful recognition of who you are, it is never forgotten. This workshop will introduce you to a unique way of meditating that doesn't confine you to a sitting meditation. It is for those of you who desire a direct experience of your timeless, expansive, and authentic self without a regular meditation practice; once "awakened," you will not need to be awakened again. This workshop is about realizing your supreme state of creativity and possibility with your eyes open as you navigate through life. This workshop will introduce you to how such an awakening is possible and give you the rudimentary tools to discover your Radical Awakening. It is highly recommended for those planning on attending the Radical Awakening workshops, Part 1 and 2.

MEN'S TEMPLE

SATURDAY

TROY CASEY

Simple ChiGong And Sexual Kung Fu Basics

10-11AM

For men only. In this workshop, Troy explains the difference between "working in" and working out... lowering stress levels and harmonizing the biological systems for vitality and longevity.

RAMANA

The 7 Steps to Your Radical Awakening Workshop: Part 1

11:15AM-12:45PM

Ever had the experience of having full self-awareness and then lost it?

In this Radical Awakening workshop, we will open you to a timeless, boundless space that is always present (but somehow cannot always be accessed). Accessing the True Self at any moment is not something you can do, but it arises naturally from such a powerful realization of who you are, it is never forgotten. In this workshop, you will receive such a powerful recognition of who you are, and it will never be forgotten. A Radical Awakening is a profound shift in your perception.

It's a direct realization that you are the creative force and love that animates everything in the universe every moment with your eyes open. After this awakening, your expanded awareness becomes the guiding light in every aspect of your life, transforming every experience and interaction. In this workshop, I will walk you through the first four steps of my 7 Steps to Your Radical Awakening.

RONALD ALEXANDER

Mindfulness And Somatic Trauma Informed Mind Body Healing

1-2PM

This class will review the science of Mindfulness Meditation as well as Somatic Based Trauma Informed Healing. The class will include direct experience of several Mindfulness Meditations coupled with Somatic Experiencing methods for recovering from trauma triggers. Skills from meditational methods, somatic and yogic breathing exercises (Kryias) with yogic therapeutic movements to recover from trauma and skills for learning how to Re-regulate one's nervous system for the cultivation of resilience, equanimity, mind body healing and Self Regulation.

FANTUZZI

Rhythm And Movement Workshop

2:15-3:45PM

SRIDHAR, GOVIND DAS & DEMETRI

How To Live In The World With Grace, Loving Awareness, And Unconditional Love

4-5:15PM

MEN'S TEMPLE

SUNDAY

GOVIND DAS
Men's Sacred Space
10-11:30AM

Now is the time to embody our divine masculine to unwind fears, release anger, connect to a higher purpose, and share love with the planet. Come join this inspiring gathering of Satsang Kirtan, and uplifting dharmic dialogue.

VISH CHATTERJI
Honoring The Divine Feminine
11:45AM-12:45PM

Honoring The Divine Feminine - Venus, The Archetype of Love, Wealth and Prosperity. As a Yogi and a Jyotishi (Vedic Astrologer), Vish will facilitate an interactive discussion about the archetype of Venus in Vedic Philosophy, and how honoring the Divine Feminine, as a man, activates energies of love, wealth and prosperity. We will explore the Purushartas - the 4 Vedic Aims of life from his book The Business Casual Yogi, and also explore the Goddess Archetypes that represent Venus from Yogic Wisdom. He will share ancient mythological teaching tales as well as methods for ritualistic worship to activate energies of love and prosperity in your life.

RAMANA
The 7 Steps To Your Radical Awakening Workshop: Part 2
1-2:30PM

This is the second part of the Radical Awakening Workshop. This workshop will go through Steps 4 through 7 of my 7 Steps to your Radical Awakening. Note: It is highly suggested that you do Part 1 of the Radical Awakening workshop, but we will start the workshop with a quick review of the first four Steps of Radical Awakening (if you do part 1, you will have a full day to reside and deepen into the Radical Awakening, preparing you for the final steps of your Radical Awakening. Have you ever had the experience of having full self-awareness and then lost it? In this Radical Awakening workshop, we will open you to a timeless, boundless space that is always present (but somehow cannot always be accessed). Accessing the True Self at any moment is not something you can do, but it arises naturally from such a powerful realization of who you are, it is never forgotten. In this workshop, you will receive such a powerful recognition of who you are, and it will never be forgotten. A Radical Awakening is a profound shift in your perception. It's a direct realization that you are the creative force and love that animates everything in the universe every moment with your eyes open. After this awakening, your expanded awareness becomes the guiding light in every aspect of your life, transforming every experience and interaction.

ASHOKA
Meditations To Find Inner Peace And Contentment
2:45-3:45PM

In this session, we will cover the different stages and benefits of meditation. You will learn and experience different techniques of meditation such as calm-abiding, benefactor practice, anapana, vipassana, dealing with difficult situations, practicing compassion, and resting in a natural state. We will chant together and experience inner silence.

DAVID NICHTERN
Mindfulness & Everyday Life
4-5:15PM

Meditation practice can help us to develop focus, clarity and stability by working directly with our ordinary state of mind. The practice of mindfulness we'll be exploring emanates from the Buddhist tradition, but really provides a universal and elegant foundation for any other kind of "spiritual" practice and perhaps equally importantly for our everyday lives. In this workshop we're going to practice together, but also explore what is technically known as post-meditation practice i.e. our "other" 23 hours - how we can infuse our daily reality with a sense of awareness and sacred outlook.

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BHAKTI FEST

REGENERATIVE VILLAGE

FRIDAY

ZOE BLAQ
URBAN SOUL FARMER
11AM-12:30PM

MEGAN INGBER
COMMUNING WITH
THE MOJAVE:
CREOSOTE OIL
INFUSION
2-3:30PM

**SYRISSA SACCA &
DIANA CANTU-REYNA**
FOOD AS MEDICINE ~
INTUITIVE BREWING
4-5:30PM

SATURDAY

**HARPINDER
KAUR MANN**
A MEDITATION &
CHAI OFFERING
7-8AM

ABUDU & CYRUS
ECOLOGICAL
KNOWLEDGE OF OUR
ANCESTORS
11AM-12:30PM

JOHN CRAIG
WECOMPOST2 PART 1
2-2:45PM

JOHN CRAIG
WECOMPOST2 PART 2
3-3:45PM

**MICK LORUSSO &
COSMIC LABYRINTH**
PLANTING AN
OFFERING TO THE
LAND
4-5:30PM

SUNDAY

SEWA VALENCIA
DRUM CIRCLE FOR
MOTHER EARTH
7-8AM

MEGAN INGBER
MOJAVE DESERT
FOOD FOREST
11AM-12:30PM

ABUDU & CYRUS
HERBALISM WITH
CALIFORNIA NATIVE
PLANTS
2-3:30PM

**MICK LORUSSO &
COSMIC LABYRINTH**
LIVING LABYRINTH:
HEALING LAND AND
WATER
4-5:30PM

SEPTEMBER 27-29, 2024
IN JOSHUA TREE, CA

REGENERATIVE VILLAGE

FRIDAY

ZOE BLAQ, URBAN SOUL FARMER
What Is Your Connection To The Land?
11AM-12:30PM

A community art installation for individuals to express their personal connections to the land through art, while also fostering a sense of community and shared understanding. Participants are invited to write or draw their own perceptions of their connection to the land on a communal canvas or leave messages in a designated space. Participants can share stories, memories, and emotions related to the land. Materials: natural dyes, brushes, diy brushes, stamps, found objects.

MEGAN INGBER
Communicating With The Mojave: Creosote Oil Infusion
2-3:30PM

You're invited on a somatic journey with Creosote Bush (*Larrea tridentata*), a plantcestor (plant + ancestor) native to the Mojave Desert. This plant ally is most recognized by the distinctive scent that dances in the air after desert rains and can be found across vast expanses of the desert where few other flora flourish. A creosote oil infusion may be applied to the skin as a deeply protective and powerfully grounding medicine for this desert climate. Using all of our senses, we'll formulate our own oil infusions (which will also include local white sage and calendula), slowly apply them to our skin, and listen for the wisdom of this native plant.

SYRISSA SACCA & DIANA CANTU-REYNA
Food as Medicine ~ Intuitive Brewing
4-5:30PM

"Let food be thy medicine & medicine be thy food" - Hippocrates - Join us in exploring what happens when we invite loving awareness of the self into the practice of consuming food. What do you feel in the present moment? What would you like to feel? Through our guided NLP style meditation, we will first 'tune in and drop out,' to truly inquire within as to what our body is feeling in the present moment. From here, we can explore how to select appropriate plant allies and layer them to brew elixirs or cook into food to shift the alchemy of our body in a desired way.

REGENERATIVE VILLAGE

SATURDAY

HARPINDER KAUR MANN **A Meditation And Chai Offering** **7-8AM**

Join Harpinder for a grounding morning meditation and chai experience. We'll begin with a gentle pranayama practice to awaken the earth and water elements within, followed by a guided meditation to connect with the land beneath our feet and contemplate our interconnectedness. As we sip on warm, homemade chai, made with a recipe from Harpinder's mom (both dairy and nondairy options will be available), we'll reflect on our deep connection to Mother Earth and cultivate gratitude for her nourishment. This workshop is a beautiful way to start your day with presence and intention, honoring the natural world and our place within it.

ABUDU NININGER & CYRUS **Ecological Knowledge Of Our Ancestors** **11AM-12:30PM**

Come take a sip from the great lake of Indigenous ecological knowledge. In this workshop, we will discuss how our ancestors from many parts of the Earth related to the ecologies of their homelands with reciprocity and deep connection for thousands of years. We will explore how some of that knowledge has been adopted, added to, and organized into many distinct yet overlapping categories, known as Agroecology, Organic, Regenerative, Permaculture, and more!

JOHN CRAIG **WeCompost2 PART 1** **2-2:45PM**

Explore the wonderful world of worms with this fun and informative workshop. Kids of all ages will learn about composting and vermicomposting while building their very own experimental mini worm bin that they can color and take home. This science experiment comes complete with 4 worms with the task of properly maintaining the bin until the worms double their population (about three months). The workshop is led by the soil building and composting experts at weCompost2, a nonprofit organization dedicated to fighting climate change by cultivating vibrant communities in and above the soil, creating regenerative environments and resilient societies. Upon completing the experiment, you will become a fully certified volunteer for weCompost2 and help us fight climate change by having fun, composting your organic scraps and promoting on site composting. This will be one of the best workshops you will ever take. You do not want to miss it.

JOHN CRAIG **WeCompost2 PART 2** **3-3:45PM**

Part two of the weCompost2 workshop. Explore the wonderful world of worms with this fun and informative workshop. Kids of all ages will learn about composting and vermicomposting while building their very own experimental mini worm bin that they can color and take home.

MICK LORUSSO & COSMIC LABYRINTH **Planting An Offering To The Land** **4-5:30PM**

REGENERATIVE VILLAGE

SUNDAY

SEWA VALENCIA
Drum Circle For Mother Earth
7-8AM

In this sacred circle, we harness the therapeutic power of drumming to facilitate healing and prayer. Our drum circle is a safe and inclusive space where you can experience the transformative energy of the drum while being surrounded by a community of like-minded women. Join us in the circle, and together, we'll journey towards inner balance, empowerment, and a deeper connection with your own spirit and those of your sisters.

MEGAN INGBER
Mojave Desert Food Forest
11AM-12:30PM

A food forest? In the desert? Yes, there's enough for every creature to eat! This is a place of extremes, and in many ways, it reflects the current and coming shifts for many regions of the world. In this playshop, we'll explore the brilliant designs of nature and their application in a food forest in Joshua Tree, CA. We'll dive into methods for creating and tending vibrant biodiversity, designing around the flow of water, and planting with the movements of the sun and moon. Planting a food forest is a long vision for the next 200+ years, a remembrance of our connection to the land, to one another, and to kinship with all creatures in the Earth community.

ABUDU NININGER & CYRUS
Herbalism With California Native Plants
2-3:30PM

Join us in exploring the ecological, traditional & medical benefits and uses of a few potent California native plants. We will go through the steps of how to make a native plant healing salve that can be taken home and enjoyed by participants. In addition we will talk about how we as a collective grow our reciprocal relationship with these great plant allies. We might even go on a plant walk.

MICK LORUSSO & COSMIC LABYRINTH
Living Labyrinth: Healing Land And Water
4-5:30PM

Join Cosmic Labyrinth facilitators in completing the living labyrinth made with native plants as we enact a ceremony for the health of the land, water and our bodies. Drink a healing elixir concocted by Syrisa Sacca. Help maintain a healthy lake microbiome by adding Genki Balls, consisting of beneficial microbes that digest sludge buildups in the lake. Give your gratitude for this land and water as we walk the labyrinth back into our lives outside of Bhakti Fest.



SOUND TEMPLE

(IN THE SERENITY HALL)

Sponsored By:



FREQUENCY

High-Vibe Mushroom Products

SOUND TEMPLE

(IN THE SERENITY HALL)

FRIDAY

NEWTON CAMPBELL

**Wind Down Yoga & Sound Bath
7-8PM**

NATALIE VALLE

**Soul Nourishing Sound Bath
8:30-9:30PM**

Join Natalie, of Love and Alchemy and founder of Latinas Who Meditate, for a soul-nourishing sound bath. She will guide you through some calibrating pranayama, followed by some toning & meditation, all with the support of Crystal Singing bowls, Gongs, Chimes, and more. Natalie is a Soundology Certified Reiki Master and 200Hr YTT Teacher. Originally from El Salvador, Natalie works with the medicine of Cacao and weaves the intention of heart opening into her work.

DIVASONIC

**Ethereal Soundscapes For The Journey Within
10-11:15PM**

Drop into this divine feminine sound meditation session featuring soundscapes, mantras and medicine songs that calm the nervous system and enliven the spirit with Lynda Arnold, Helane Marie Anderson and Luna Achiary

SOUND TEMPLE

(IN THE SERENITY HALL)

SATURDAY

SHRIMAN

Blissful Awareness Experience- Raj Yoga & Sound Bath 7-8PM

Join Shriman's class for a serene and rejuvenating experience. The session features a sequence of moderate postures practiced slowly and mindfully, combined with Bhramaree Pranayama (honeybee breath). The class concludes with a blissful sound bath meditation, leaving you feeling relaxed and centered.

SONIC DEVAS

Divine Feminine Sound Meditation Experience 8:30-9:30PM

Drop into this divine feminine sound meditation session featuring soundscapes, mantras and medicine songs that calm the nervous system and enliven the spirit with Lynda Arnold, Helane Marie Anderson and Luna Achiary.

TOBI & SABRINA

Mystical Sound Healing 10-11:15PM

Tobi will be playing Crystal Tone Alchemy bowls combined with reiki & calling in the Divine to create a mystical sound healing experience. Sabrina will be joining the experience playing Crystal bowls. Together they will hold space for those looking to find balance and harmony in mind, body & spirit. Creating the opportunity for a divine healing experience in unity consciousness.

SOUND TEMPLE

(IN THE SERENITY HALL)

SUNDAY

EDWARD WILLIAMS

Nada Bhakti: A Bhakti-Based Devotional Soundbath Meditation 7-8PM

Nada is the Sanskrit word for sound and or tone. It is believed that nada is the hidden energy that connects the outer and inner cosmos. Bhakti means devotion and unconditional love of God. In this sound bath meditation we utilize the sound of our voices and sounds from variety of instruments help dissolve the layers of our identity that we are deeply attached to as much as possible. The intention is to deeply realize and be present in the soul-Source relationship and love of God one inhale and one exhale at a time.

RISING LOTUS REIKI

Shamanic Reiki Sound Journey 8:30-9:30PM

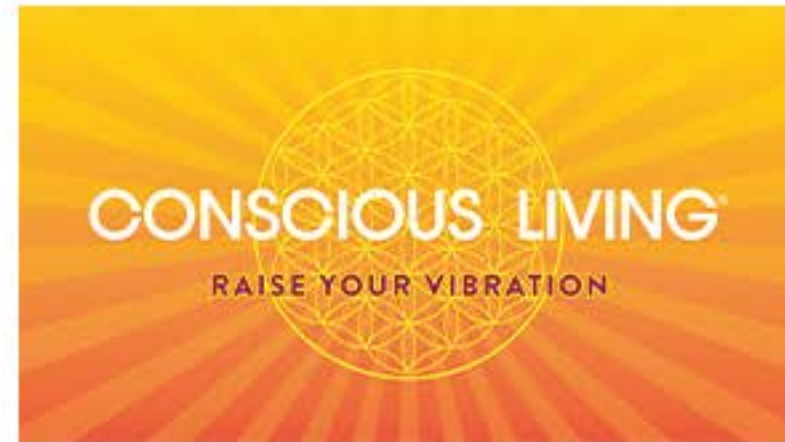
A journey of Shamanic sound vibrations with drums, rattles, rain sounds, didgeridoo, gong, Tibetan singing bowls, chimes, harmonium and more. Once your chakras are in alignment, universal life force energy can go wherever it's needed to heal parts of the body, emotions, mind, spirit and energy field.

BHAKTI FEST™

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KIDSLAND

FRIDAY

GET GALACTIVATED WITH THE GALACTIVATORS!
10-11AM

**IMAGINATION STATION:
CREATIVE ARTS & CRAFTS ADVENTURES!**
11AM-4PM

SATURDAY

SUBHADRA GRIFFITHS
YOGA ANGELS CHILDREN'S WAY CLASS
10-11AM

**IMAGINATION STATION:
CREATIVE ARTS & CRAFTS ADVENTURES!**
11AM-4PM

SUNDAY

GET GALACTIVATED WITH THE GALACTIVATORS!
10-11AM

**IMAGINATION STATION:
CREATIVE ARTS & CRAFTS ADVENTURES!**
11AM-4PM



TAMRA
SLIPPERS 3
KIMONO 50-68
SARVES 30
SHIRTS 40
85



VENDOR VILLAGE

MAIN STAGE

AYURPRANA
BLONDE VAGABOND
BREWJA ELIXIR
CHAGIT
CHI FOODS
DRAGONS' NEST INDIGENOUS
PLAYGROUND
FFLV
GAIATREE
GYPSY JENNY
INANNA HEALING
JAMBAR
KALA IMPORTS
KATMANDHU BOUTIQUE
LA ISLA BONITA/ONANYA
LOBOS DEL MAR
LUNA WILD
MANDALAS.COM
MANDALINA TURKISH TOWELS,
BLANKETS, & KIMONOS
OLD DELHI
OMSLEEP
SAMADHI MOSS
SINNS ART
THE KAMA CONNECTION
THE MERAKE MINT
THREADS OF CREATION
UNIQUE ARTS
VITALITY BITE
ZADA OFFICIAL

YOGA HALL

BLUE LOTUS YOGA
DAMSEFLY
FREQUENCY
JOTSANA DESIGNS
MICHAEL WICKS ARTWORK
PI YOGA PANTS
SACRED SISTER APOTHECARY
SATSUNG ADVENTURES
SPIRIT DR SUNSHINE FROST
MASTER INTUITIVE HEALER
SPIRITUALITY & HEALTH
THE WAKA WAY - MOVEMENT &
MASSAGE

OTHER

DREAM STEAM SPA (near shower trailer)
BODY LEVER (roaming)

LAKE/WORKSHOP HALL

AINYHEALING
ANGELS & AURAS
AURA MAT™ AYURVEDIC YOGA
MATS
BHAKTI ART
BLONDE PEACOCK
CBD N MOR
CERAMIC HEARTS BY LISA 'LALA'
AGABABIAN
CHAKRA ART
DOTERRA
DR. A'S LO-FI KAVA
EARTH PETAL HERBALS
FESTIVAL UNIVERSE
GLORKA
GODDESS AGAIN RESALE
GOVARDHAN ECOVILLAGE
HENNA HUES
HENRY DOKTORSKI
HOUSE OF OM
HUMMINGBIRD SKIN CARE
INFINITE GODDESS
LIFEWAY FOODS
LISA GNAIDY
OMNI COLLECTION
RADIANT RITUALS
RAINBOW SANTA TIE DYE
SHARE INTERNATIONAL
SIMPLE INCENSE
SOUL SISTAR MYSTIQUE FT
AROMACHAURA
SUNMUD SUSTAINABLE SKIN CARE
TAMRA COPPER
VEDIC VIDHA - VEDIC PALM
READINGS
VEDIC WILD AYURVEDA
WILDLIFE HERBS
WIND RIVER YOGA AND YOUTH
EMPOWERMENT
WOVEN YOGI
QUEEN OF HEARTS
ZEBA

FOOD COURT

AL FORNO PIZZA
ASANA FOODS
BLESSED BEING
CURRY EXPRESS
CONNECTION CAFE
JAVA GOGO
VEGGIE BOMB



HEALING SANCTUARY

9AM - 9PM DAILY

ALEXANDER SHARONE (Xander) listens deeply to your body's innate wisdom with a keen awareness of postural alignment. He integrates therapeutic massage techniques, craniosacral unwinding, and myofascial release to support your well-being, drawing upon training in structural integration and alignment-oriented therapies.

DR. BETH COOPER tailors appointments to each client to select appropriate lotions, oils, healing salves, aromatherapy, and bodywork. Her therapeutic massage aids people to move through pain and increase flexibility and balance. People become more aware of what they bring to their own well-being.

BILL WICKS is inspired with a desire to heal deep wounds and reduce stress in all beings, Bill Wicks changed his direction of healing with Chinese Herbs and Homeopathy, to hands-on Reflexology treatments. His journey with Reflexology started when his elderly art teacher, Norma Flynn, needed an effective way to ease her arthritis pain in her hands and feet.

JEAN GREENFIELD is rooted in love, human touch has always been a part of my life. When I was young, I used to massage my grandmother, family and friends. Licensed since 1991, I have worked in a variety of places: movie sets, music clubs, mobile, gym, house calls, chiropractors, special events as well as having my own office. My passion is my work, caring for the world around me, and animals. I'll support you where you are at in your life journey of wellness. Sometimes it's a slower process than we like. I am here to support you along the way! It's my calling.

JULIANA SCOGGINS offers a wide range of massage modalities to customize your massage treatment to meet your individual needs. Positive energy included in all treatments. Custom made oils add extra benefits to your time on the table. All natural, light, herb infused oils like arnica, calendula, camomile, St. John's wort and comfrey, aid in relaxing your muscles, tonifying the skin and renewing the spirit.

LEN WATSON - People come from all over the world to experience Len's healing bodywork. He has continued to be very active in continuing education with CPU's in Medical Massage as well as numerous Classes/Seminars as a Chiropractic Assistant. Len is very involved with Yoga and Nutrition for the past 38 years. He presents Powerpoint lectures on Cleansing and Detox with an emphasis on the Microbiome for the last 18 years and shares structural oriented bodywork in Santa Monica, Hollywood and up the coast to Oregon.

RACHEL PETKUS L.Ac. has been actively working as a licensed healer for over 30 years. She has lived, worked and studied abroad in both Europe and Asia including a year in Korea and several months in China studying Acupuncture and Herbology. With a B.A. in Art, she teaches a meditative spiritual form of art expression at her home and through online courses.

RIVKA LEAH JADE was awarded Best of Miami Beach Massage Therapists in 2014, 2013, 2012, 2011. She has thousands of hours of both formal and experiential education in Massage Therapy and Holistic Health, is licensed and insured, and has been practicing for over 20 years. She specializes in Clinical and Intuitive Orthopedic Massage Therapy & Energy Work, Holistic Health Consulting, Trauma & Emotional Release Work, and Transformational Life/ Relationship Coaching.

SHAMROCK HOLTZ has been working at Bhakti and Shakti Fest for the past 10 years. His work supports the clearing, activating and grounding of the nervous system while anchoring the light body into one's incarnation and physical body. The focus of Shamrock's work is the Breath and Body connection, in which he utilizes a range of bodywork styles: Lomi Lomi to Shamanic, Deep Tissue to Light Body Energetic Healing.

DR. WENDY PUCHALSKI is a chiropractor, holistic practitioner and certified applied kinesiologist specializing in Neuro-Emotional Technique (N.E.T.). She obtained her doctorate in chiropractic medicine from Los Angeles Chiropractic in 2007 with over 300 hours certification in Applied Kinesiology. She is currently the Bhakti Fest Healing Team coordinator for 2023.

enedigital

@jet-jogan_artist



ART GALLERY

10AM - 11PM DAILY

BENEDIGITAL, also known as Ben Encarnacion, emerges from the urban landscape of Los Angeles as a visionary artist guided by deep mystical and shamanic insights. Embracing the veil of Digital Shamanism, he bridges ancient wisdom with futuristic concepts through his intricate art pieces. His powerful visions serve as mirrors, reflecting humanity's collective consciousness. With a mission that aims to elevate global vibration by reminding individuals of the inner light and infinite creative potential we each embody within, Benedigital's work blends cosmic consciousness with digital artistry, becoming a prominent figure in the global visionary arts movement.

BRIONNA CHELGREN (Mystic Mantis Arts) - Brionna is a visionary artist, intuitive astrologer, psychic medium, and yoga teacher, who creates to express the exploration of the non-physical through the lens of spiritual, mystical, and inner awareness, seeking to activate the viewer. Being raised in a family of musicians, artists, and military veterans, instilled a love for creative expression, community, and travel from an early age. Living nomadically throughout the west coast of the United States, Brionna enjoys adventuring with a magical black cat, painting, petting moss, and hugging trees.

DYLAN BROOKS - The art of Dylan Thomas Brooks serves as a portal into otherworldly dimensions. His painting style is complex and emotional, using vibrant pastel hues and glowing light to portray an animated dreamscape. An LA Based artist, Dylan blends entheogenic and classic art techniques with realms of Earthly and Ethereal inspiration to bring forth his style of Psychedelic Surrealism.

ISHKA LHA (pronounced ee-shka la) is an internationally celebrated visionary artist, musician, writer, ritualist, and mentor devoted to helping spiritual seekers worldwide to connect more deeply with their mystic heart, and experience more magic, tranquility, and unity in their everyday lives. Ishka has been an evolutionary catalyst in the visionary art movement since 2007, and approaches her creative process as a spiritual practice and healing modality. Her visual art explores and celebrates the natural radiance inherent in all dimensions of life through the use of neo-traditional iconography and mythology, and she is especially interested in what universal archetypes, symbols, and forms have most helpfully guided humankind's passage through time into greater avenues of mutual respect, understanding, and heartfelt livelihood. Her artwork is primarily featured in private collections, galleries, healing centers, and transformational art and music festivals across the globe.

JULIANA GARCES is a dedicated artist and spiritual seeker, whose work reflects her deep commitment to raising the collective consciousness. Her journey with art is a continuous exploration of how visual forms can transcend language and open pathways to the infinite. Born between Colombia and the United States, Juliana learned early on that art has the power to connect beyond words, and she has spent her life using this medium to invite others into a deeper connection with themselves and the universe. Her art is an offering, a seed of awakening for those who encounter it. For some, it may simply plant a seed that will bloom later; for others, it serves as a reminder of a truth they already know but need to remember. Grounded in her daily spiritual practices — meditation, yoga, mindfulness, and deep study of mysticism—her work reflects visions and experiences from realms that words cannot fully describe. Juliana sees herself simply as a channel for cosmic creativity, doing her best to step aside and let the visions flow through her. She doesn't view the work as her own, but rather as something greater that she's fortunate to be part of. By tapping into the infinite space within all of us, she hopes to create pieces that serve as gentle reminders for others to reconnect with their own inner light.

OLIVIA JULIETTE - Where words fail, art speaks... This concept began my journey with art and the wonders it does for healing, growth and self-understanding. It is the channel through which I process and express my emotions and life experiences. My passion for creation has always been present. However, it wasn't until I began to encounter deep and transformative experiences that I realized creating is not simply a passion but an essential expression of my soul. Art allows me to turn my scars into beauty and my imagination into reality. It taught me how to become vulnerable in a way that felt safe and because of this, my relationship with the arts began to expand. Every piece I create reveals something new about myself, my ever-evolving style and the beauty in the world. I feel a strong desire to inspire people to find the artist within themselves. In art there is no judgement or rules and I want people to feel that freedom. Through Art Therapy I encourage this, through live painting I inspire this and through workshops I teach this. Human beings are art. We ALL have the ability to create beautiful things. I hope you enjoy the colors of my mind and heart.

TATY ALENCAR (Tamiraa) from Brazil is an artist, muralist, architect, mystic, medicine woman, and creator of the International Initiatory School of High Vibrational Mandalas®. She considers art "made with heART" to be one of the most powerful tools for connection and awakening. Her vision is to advance human development by sharing her art and mentoring those who wish to access their deeper potentials, embodying love in motion through the heART.

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